

Part 10

Christian Virtues - Perseverance

Philippians 3:7-16

1. In what ways have you seen Christians become complacent or discouraged about their spiritual lives?

2. Read [Phil. 3:7-16](#). What words and phrases in this passage characterize us as people in process?

3. What advantages has Paul lost (see [Phil. 3:4-6](#))?

How does Paul's loss help him to gain Christ ([Phil. 3:7-9](#))?

4. How do [Phil. 3:8-9](#) define rubbish?

5. What "things" in your life could be considered "rubbish"?

6. Note the things that we are to pursue in [Phil. 3:10-11](#). How do these pursuits contrast with the rubbish in our lives?

7. What is a person who is pursuing Christ like ([Phil. 3:12, 15](#))?

8. [Phil. 3:13](#) tells us to forget what is behind and "strain toward what is ahead." Why are both aspects of this instruction important?

Which is more difficult for you? Explain.

9. What has Christ done for you that you would like to "take hold of"?

10. What does it mean to "live up to what we have already attained" ([Phil. 3:16](#))?

11. In what area do you need encouragement to press on?

12. Tell God of your need for encouragement and your desire to persevere in following him. Allow yourself to receive his reassurance and love.